

Health News Release

For immediate release: October 31, 2015 (15-184)

Contacts: Public Health-Seattle & King County –

Hilary Karasz (Saturday) 206-263-8705
James Apa (pager) 206-583-9785
Carolyn Cox, DOH Communications Office 360-507-6108
Danielle Kenneweg, DOH Communications Director 360-584-4595

MEDIA AVAILABILITY: King County and state health officials will be available from 1:30 to 2:30 p.m., Saturday, October 31, 2015, at the Public Health Seattle & King County Chinook Building, 401 5th Avenue, Seattle, WA 98104.

E. coli cases increasing – may be connected to Chipotle restaurants

Health officials say 19 cases linked to Chipotle restaurants in Washington and Oregon

OLYMPIA – A cluster of *E. coli* cases led to the voluntary closure of many Chipotle restaurants this week. The restaurants under investigation are linked to 19 cases of *E. coli* illnesses in Washington. Three more cases were reported from Oregon, also associated with Chipotle restaurants. Seven of the Washington patients and one Oregon patient were hospitalized; there have been no deaths.

Four cases were reported in King County, nine in Clark County, one in Cowlitz County, and five in Skagit County. Three cases were reported in Oregon residents. While the outbreak appears to be linked to food served at Chipotle restaurants, the food or other source of contamination hasn't yet been determined and remains under investigation. Restaurants in Washington state have voluntarily closed until further information on the cause of the outbreak is available.

Some types of E. coli can cause bloody diarrhea, abdominal cramps, fever, and vomiting. Those illnesses can sometimes result in severe, life-threatening illness and may be fatal.

"Anyone who thinks they may have become ill from eating at a Chipotle restaurant in the past three weeks should consult their healthcare provider," said State Epidemiologist Dr. Scott Lindquist. "The elderly and very young children are more likely to become severely ill from this kind of *E. coli* infection."

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Local and state health officials in Washington and Oregon are investigating, working with the U.S. Food and Drug Administration, Washington State Department of Agriculture and the U.S. Centers for Disease Control and Prevention.

It is important to handle food safely. Thorough cooking will kill the bacteria and prevent illness.

The <u>Department of Health website</u> (doh.wa.gov) is your source for *a healthy dose of information*. Also, find us on Facebook and follow us on Twitter.

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